

**GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI
DIRECTORATE OF EDUCATION: SCHOOL BRANCH
OLD SECRETARIAT, DELHI-110054**

DE.23 (669)/Sch.Br./ १४६

Date: 26.10.2023

CIRCULAR

Sub: Inviting articles for the January 2024 Edition of Happiness Magazine, 'अभ्युदय' Happiness Abound.

'अभ्युदय' Happiness Abound is a bilingual quarterly magazine, primarily based on the Happiness Curriculum, published by the Directorate of Education Delhi. In a world, often marked by conflicts and misunderstandings, embarking on the path of forgiveness is like setting out on a profound journey, one that leads us to the treasure of inner peace. This journey is not just about pardoning others for their wrongs but also about finding solace, reconciliation, and self-compassion. As we delve into this transformative exploration, we will unravel the significance of forgiveness in attaining the ultimate state of inner tranquility and balance. Taking inspiration from the same, we have chosen the theme for this issue of the happiness magazine as: **"Forgiveness: A Journey to Inner Peace"** as the second topic of the series 'खुशहाल जीवन के आधार'

For the fifth edition, to be released in January 2024, we are inviting theme based articles and ideas from teachers, students, and other stakeholders. These articles will be further shortlisted by the editorial team(s), at District and Central levels, before being sent for publication.

Articles/ideas under the following heads are to be considered for publication:

1. Writers' Choice (लेखक की पसंद)

The stakeholders can write articles under this head. Articles written under this head must be aligned with the theme of this issue: **"Forgiveness: A Journey to Inner Peace"**. Please refer to Annexure 1 for more ideas on the current theme. The writer must use personal experiences, anecdotes, case studies related to own life, challenges and solutions.

2. Inspiring and Innovative Practices in Schools (प्रेरणादायी प्रयास व नवाचार)

Stakeholders can write about the innovatives and inspiring practices conducted related to the Happiness curriculum within their schools.

3. Around the Globe

This section will focus on the research and practices conducted around the globe on the theme of this issue: **"Forgiveness: A Journey to Inner Peace"** (खुशहाल जीवन के आधार श्रृंखला)

4. Departmental initiatives about the Happiness curriculum

This section will highlight various training programs/orientations/conferences conducted at the state/district/zone/school level. The word limit for this section is 200-300 words.

5. Book/Article/Blog/Movie review

The stakeholders can write a review of any book/article/blog/movie related to the theme, written by an eminent Educationist/Philosopher/ Psychologist/Sociologist that is inspiring and can be recommended for reading.

6. Highlights of this Quarter (October 2023 - December 2023)

This section will showcase the visit(s) of delegation(s) to understand the Happiness Curriculum. Stakeholders can write about their experiences based on the visits of the delegation.

7. Expert opinion

We are inviting expert opinion from a person, who is an expert in the field related to the theme, to build better understanding for the readers.

8. Inspirational journey

Here we are inviting articles around the inspirational journey (related to the theme) of an eminent personality.

9. Journey of a mentor teacher

Here we invite articles from the mentor teachers to share their inspiring journey while they are mentoring their mentee schools.

10. Story of Change

This section highlights the story of change in the behaviour of students/ teachers/ parents/ supporting staff or any other stakeholder in the light of Happiness Curriculum.

11. Reader's Corner

This section invites feedback and suggestions of the stakeholders.

Time Line:

Last date for receipt of articles:	06.11.2023
Distribution of articles by Central Editorial Team to the District Editorial Team:	08.11.2023
Return of the articles after scrutiny by the District editorial team:	11.11.2023

Articles are to be sent using the Google link: <https://forms.gle/8ipmCr3cMCA797Qw8>

Students shall submit their entries only after getting them countersigned by the Head of School (HoS) on the prescribed undertaking attached with the above link.

The District Editorial Team shall also ensure that entries received from Govt. Aided/ Recognised Private schools of DoE must be considered at par with the Govt. Schools.

The articles/ideas should be within the parameters mentioned below:

1. Language: Hindi (Font mangal, font size 12) or English (Times New Roman. Font size 12)
2. Word limit: 800 - 1000 words
3. The articles should be a self-work/experience/idea, real-life anecdote/change story. It must be clear, coherent, and concise.
4. The articles should also include tables, diagrams & pictures(copyright free), wherever necessary.
5. Common & simple language should be used in your work.
6. The title of the article should adequately represent the content.
7. References and citations, wherever required, must be duly added.

All the DDEs and Heads of Schools are required to make sincere efforts to encourage stakeholders (students, teachers, parents, support staff and other stakeholders) to submit their write-ups timely and also support them in writing the article.

This issues with the prior approval of the competent authority.

Enclosures: Annexure-I & Annexure-II



Ms. Pranjal Patil
Addl. DE (Happiness Curriculum)

DE.23 (669)/Sch.Br./986

Date: 26.10.2023

Copy to:-

1. PS to Secretary (Education)
2. PA to Director (Education)
3. All RDEs, DDEs (District/Zones)
4. OS (IT for uploading on MIS)
5. Guard file

for Aditi
OSD (Happiness)

- Do you forgive for 'self' or 'others'?

क्या आप दूसरों के लिए उन्हें क्षमा करते हैं, या खुद के लिए?

- How did you feel when someone did not forgive you? Share your story.

आपको कैसा महसूस हुआ जब आपकी किसी गलती पर आपको क्षमा नहीं मिली?

- What is forgiveness for me?

मेरे लिए क्षमा क्या है?

- How did you feel when someone has forgiven you? Share your story.

आपको कैसा महसूस हुआ जब आपकी किसी गलती पर आपको क्षमा मिल गई?

- How forgiveness helped for your mental wellbeing? |

क्षमा करने से आपको अपने मानसिक स्वास्थ्य में कैसे मदद मिली?

- Did you ever get inspired by someone's act of forgiveness?

क्या आप किसी दूसरे के क्षमा करने के कार्य से प्रभावित हो पाए?

- Why do you forgive others and what made you decide to forgive?

आप क्यों क्षमा करते हैं और आप क्षमा करने का निर्णय कैसे ले पाते हैं?

- What were your reasons to forgive someone?

किसी को माफ करने के आपके क्या कारण थे?

- Is forgiveness an occasional act or a constant attitude?

क्या कभी-कभी क्षमा करना होता है या यह एक निरंतर व्यवहार है?

- What has helped you forgive others in the past?

किन चीजों ने आपको अपनी ज़िन्दगी में दूसरों को क्षमा करने में मदद की?

- Why do we find ourselves unable to forgive sometimes?

वे कौन सी बातें हैं जो कभी-कभी हमें क्षमा करने से रोक देती हैं?

- Has it ever happened that forgiveness is misunderstood?

क्या कभी ऐसा हुआ कि क्षमा करना गलत समझा गया?

- Share your story when the intention and action of forgiveness were not seen aligned in interpersonal relationships.

कोई अपने जीवन की ऐसी घटना साझा करें जब पारस्परिक संबंधों में क्षमा के इरादे और क्षमा कर देने के बीच अंतर दिखाई दिया ।

UNDERTAKING

I/We, undersigned, give an undertaking to the following effect with regard to our magazine titled _____.

Submitted for publication in the school branch of Directorate of Education GNCT of Delhi.

The articles mentioned in the magazine have not been published or submitted to or accepted for publication in any form, in any other journal.

I will be fully responsible if any copyright issue arises in this regard.

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